

Liberty High School Track & Field

3rd Annual Run from the Lion's Den

5K trail run and walk 🐾 9:00 am 🐾 Saturday December 2, 2017

Liberty High School, 5855 Bartholow Rd, Eldersburg, MD 21784

- Cost: $25 ($23 for ERR Members) for pre-registration. Race-Day registration cost: $30
- Online Registration available at www.Active.com, search for Run from the Lions Den
  Or visit www.errun.org to download the registration form.
- Pre-register!! Guaranteed t-shirt to registrations received by **November 18th**. Late or same-day registration, t-shirt not guaranteed.
- Pre-race packet pick-up, Friday, December 1st, 5-7pm at Tri Sport Junction, 7568 B Main St., Sykesville
  A 10% discount will be available on purchases, to all pre-registrants during packet pick-up.
- Race-Day registration and packet pickup begins at 7:30am at LHS gym lobby.
- All pre and post-race day activities will take place inside Liberty High School. Refreshments and snacks will be provided to all 5k participants. Handmade awards given for age group and overall winners.

The race will benefit the Liberty High School Track & Field program and Carroll County Food. CCFS is a 501c3 non-profit organization of volunteers and members of the community who come together to help fellow Carroll County residents meet their emergency and supplemental food needs. **Please don't forget your non-perishable food item to donate on race day.**

For more information or questions email: RunLionsDen@gmail.com

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Mail and remit payment to: Eldersburg Rogue Runners, c/o RLD17, PO Box 1726, Eldersburg, MD 21784.

Name_____Address: _____

City_____Zip:_____Phone: _____

Email: _____ Age on race day: _____ Male Female

T-Shirt size (adult unisex)(circle one): Small Med Large X-large

Signature of registrant and Date: _____

Signature of parent (if under 18) and Date: _____

WAIVER OF LIABILITY: Participant understands that he/she is subject to the school and council rules of conduct and sportsmanship. The undersigned acknowledges that neither the Freedom Area Recreation Council nor the Eldersburg Rogue Runners provide any registrant medical or hospitalization insurance whatsoever, and hereby waives any and all claims against the Freedom Area Recreation Council, the Carroll County Department of Recreation and Parks, Eldersburg Rogue Runners, or any other person affiliated with these entities and sponsors for injuries sustained while watching or participating in this event or traveling to and from event. I also agree that photographs taken of my child or me while participating in this activity may be used for publicity purposes. I am the legal guardian of the athlete listed above and have read the above waiver of liability. The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities, and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Department of Citizen Services, 410.386.3600 or 1.888.302.8978 or MD Relay 7-1-1/1.800.735.2258 as soon as possible but no later than 72 hours before the scheduled event.